

# **ALCOHOL, SMOKING & ILLEGAL DRUGS POLICY**

# 1. PURPOSE

This Policy outlines our procedures for a balanced and responsible approach to the service, supply, consumption and promotion of alcohol and our requirements regarding smoke-free environments at club games, special events, functions and other club-related activities. It represents our club's commitment to its members, volunteers and guests, acknowledging the role that sporting clubs and associations play in building strong and healthy communities.

This Policy will also assist our club to:

- Ensure adult behaviour is a positive influence on younger players and spectators.
- Meet its duty of care in relation to the health and safety of our members, volunteers and guests who attend any club games, special events, functions and other activities.
- Uphold the reputation of our club, our sponsors and partners.
- Understand the risks associated with alcohol misuse and smoking and our role in minimising this risk.
- Comply with liquor licencing and tobacco legislation.

This policy applies to all our members, Board and Committee members, coaches, officials, other volunteers and guests.

#### 2. RATIONALE

North Hobart Demons recognises the legal responsibilities and the financial and social benefits of holding and/or operating a liquor licence\* in the community. Our club also recognises that second-hand tobacco smoke is hazardous to people's health and people who do not smoke have the right to be protected from exposure to tobacco smoke at our games, events, functions and other activities. Our club has achieved Level 3 Accreditation under the *Good Sports* program which requires us to implement practices and policies regarding the responsible management of alcohol and smoke-free environments. Accordingly, we will adhere to tobacco and liquor licensing laws\* and the criteria of the *Good Sports* program.

North Hobart Demons does not allow the use, distribution or selling of illegal drugs by any club member or any visitors within our club's jurisdiction. This policy reflects our club's commitment to protecting the health, safety and wellbeing of all persons associated with the club and all persons in attendance at club activities.

## 3. GENERAL PRINCIPLES

• This policy applies whenever the individual is taking part in activities under the club's jurisdiction. This includes our club's facilities, games, matches, training, events and trips organised by the club. Private behaviour of members is not included in this policy as the club cannot be responsible for the behaviour of its members outside our club's jurisdiction; however, this policy will apply whenever an individual is wearing a part of the official club uniform which would identify them as being a representative of the club.



- A risk management approach will be taken in planning events and activities involving the sale, supply or consumption of alcohol. Such events and activities will be conducted and managed in a manner consistent with liquor licensing legislation and this Policy.
- Alcohol misuse can lead to risk taking, unsafe, unacceptable and/or illegal behaviour. Excessive
  consumption of alcohol will not be an excuse for unacceptable behaviour, particularly
  behaviour that endangers others or breaches the law, this Policy or any other Policy of the club.

## 4. CONDUCT EXPECTATIONS

Whilst engaging in club activities, committee members, club members, players, coaches, officials, other volunteers and guests:

- Will not smoke, regardless of where the club activity is held.
- Will accept responsibility for their own behaviour, take a responsible approach and use good judgment when alcohol is available.
- Will encourage and assist others to use good judgment when alcohol is available.
- Will not compete, train, coach or officiate if affected by alcohol.
- Will not provide, encourage or allow people aged under 18 to consume alcohol.
- Will not participate, pressure anyone or encourage excessive or rapid consumption of alcohol (including drinking competitions).
- Will not provide alcohol as an award to a player or official for any reason.
- Will not post images on social media of themselves or others smoking and/or drinking alcohol irresponsibly at club-related activities.
- Promote and role model expected standards of behaviours always.
- Alert club officials with any concern about illegal drug use within the club.

#### 5. SMOKING

The following areas at our club are smoke free:

- All indoor areas
- All outdoor playing/training areas
- All spectator areas (standing and seated, covered and uncovered)
- All canteen, catering and eating and drinking areas

Smoke free areas will be signed (where possible) and promoted in club materials.

## In addition:

- Cigarettes and other tobacco products will not be sold, including from vending machines, at any time at or by our club.
- Club functions, including social and fundraising events and meetings, held at or away from club facilities will be smoke free.

# 6. ALCOHOL

Our club will ensure that:

- A current and appropriate liquor licence is maintained.
- The club's liquor licence is displayed as near as practical to the entrance of the clubroom or beside the bar/canteen (as required by relevant state law).
- All mandatorily required liquor licence signage will be displayed in each area covered by the club's licence



- The names of Responsible Service of Alcohol (RSA) trained personnel will be displayed near the har
- Servers of alcohol will not consume alcohol when on duty.
- Information posters about '<u>Standard Drink measures</u>' will be displayed prominently near where alcohol is served.
- An Incident Register will be maintained (at the bar/canteen) and any alcohol-related incidence will be recorded on the register.
- Substantial food (requiring preparation and/or heating) will be available when alcohol is available for more than 90 minutes and more than 15 people are present. Healthy food options will be provided, where possible.
- Alcohol is not advertised, promoted, served or consumed at junior games, events, functions or activities.

#### 6.1 Service of Alcohol

Alcohol will be served according to the club's liquor licence with the safety and well-being of members and guests the priority. Our club will ensure:

- Only RSA trained bar servers with current qualifications will serve alcohol.
- Standard drink measures are used for non-pre-packaged alcohol (e.g. drinks in glasses), where possible.
- Servers are aware of standard drink sizes and are competent in measuring standard drinks.
- The service of double measures of spirits is discouraged.
- People under 18 do not serve alcohol.
- Excessive or rapid consumption of alcohol is not encouraged. This means we do not conduct happy hours, cheap drink promotions or drinking competitions.

## **6.2 Intoxicated People**

For the purposes of this Policy, a person is defined as in a **state of intoxication** if his or her speech, balance, co-ordination or behaviour is noticeably affected and there are reasonable grounds for believing that this is the result of the consumption of alcohol.

- Intoxicated people will not be permitted to enter our club premises.
- Alcohol will not be served to any person who is or appears intoxicated.
- Servers will follow RSA training procedures when refusing service to an intoxicated person.
- If a person becomes intoxicated (and is **not** putting other people at risk with their behaviour) the person will not be served alcohol but will be provided with water and options for safe transport home from the club, where available.
- If a person becomes intoxicated (and **is** putting other people at risk due to their behaviour) the person will be asked to leave our club premises immediately and offered safe transport options, where available. Police may also be contacted to remove the person, if required.
- Any alcohol-related incident and any action taken will be recorded in our club's incident register.

# **6.3 Underage Drinking**

- Alcohol will not be served to persons aged under 18.
- Servers and committee members will ask for proof of age whenever the age of a person requesting alcohol is in doubt.
- Only photo ID's will be accepted as 'proof of age'.



• Our club will not encourage the drinking of alcohol in the club change-rooms to reduce the risk of minors being served alcohol illegally.

## 6.4 Availability of Non-Alcoholic and Low Alcohol Drinks

Our club recognises that not all club members may drink alcohol and alcohol is not the only revenue stream available. Our club actively encourages the sale of alternative products to that of alcohol and will ensure that:

- Water is provided free of charge (where available).
- At least four non-alcoholic drinks and one low-alcoholic drink option are always available and priced at least 10% cheaper than the cheapest full-strength drink. Healthy drink options will be provided, where possible.
- Non-alcoholic drinks are clearly visible and adequate in variety and supply.

## 7. FUNCTIONS

Our club will:

- Not conduct functions where a minimum amount of liquor sales is required.
- Not conduct 'all you can drink' functions.
- Not provide alcohol-only drink vouchers for functions.
- Not include alcohol in the price of function tickets.

#### Advertisements for functions will:

- Be promoted as smoke free.
- Not overemphasise the availability of alcohol or refer to the amount of alcohol available.
- Not encourage rapid drinking or excessive drinking.
- Give equal reference to the availability of non-alcoholic drinks.
- Display a clear start and finish time for the function.
- Include a safe transport message, where possible and relevant.

#### 8. SAFE TRANSPORT

Our club recognises that driving under the influence of alcohol is illegal and hazardous to individuals and the wider community. We therefore require all attendees at our functions plan their transport requirements to ensure they arrive home safely and prevent driving under the influence of alcohol

## Our club will:

- Promote strategies that encourage members to plan how they'll get home safely before they go out e.g. pre-arranged transport.
- Include safe transport messages on relevant club activity and event invitations or flyers.
- Ensure the MC for events or club committee members advise attendees that the club is a Good Sports accredited club, communicate the safe transport options and regularly remind attendees to behave responsibly around alcohol.
- Ensure telephone calls can be made free of charge to call a sober person to provide transport from the club or venue.



#### 9. CLUB TRIPS

Our club will monitor and ensure any club trips, particularly end of season player trips, strictly adhere to responsible behaviour and alcohol consumption in accordance with the principles of this Policy and the values of the club.

## 10. AWARDS/PRIZES

Our club will avoid providing <u>awards</u> (e.g. at end of season presentations) and fundraising prizes that have an emphasis on alcohol as a reward.

#### 11. ILLEGAL DRUGS

This policy refers to illegal drugs only, which is defined as "a substance that is not permitted to be taken or used according to state or national laws such as cannabis (marijuana), amphetamines (speed and "ice"), ecstasy, cocaine, heroin and a range of new psycho-active substances known as synthetic drugs."

This policy does not apply to pharmaceutical drugs or performance enhancing drugs (unless they are captured in the above definition).

# 11.1 Investigating the concern or incident

The board will investigate all illegal drug-related concerns or incidents in a timely and discreet manner.

Once all relevant facts and circumstances are known, the president will recommend appropriate approaches and/or disciplinary measures to the club board based on the guiding principles outlined in this policy.

## 11.2 Response

When responding to an illegal drug-related concern or incident, the responses by the club will focus on safety and welfare of those directly and indirectly involved. All responses will reflect the club's duty of care to members and visitors.

All illegal drug-related concerns or incidents should be discussed with the club's president as soon as possible. The president will document the issue using the incident register and investigate the concern/incident further. If the president is not available, another club official may substitute for them.

If illegal drugs are being distributed or sold on the club's premises by a member or visitor of any age, the president will contact local police to seek their advice and expertise on how they can be disposed of safely.

## 11.3 Illegal drug use by a member under 18 years

Where the club identifies that a person under the age of 18 years is involved in illegal drug use the North Hobart Demons will:

• Inform the individual that the president or relevant board member may contact the parent or guardian to discuss the incident if it is appropriate and safe to do so.



- Contact the parent or guardian to discuss, unless, informing the parent or guardian would put the individual at risk of greater harm.
- In the case of a visitor in this instance, the North Hobart Demons will inform the visiting club.

# 11.4 Examples of breaches

- a) If a member **sells or distributes illegal drugs** in the club's jurisdiction, the following will occur:
  - The North Hobart Demons will contact the local police to seek their advice.
  - Consequences for the individual (s) will depend on the circumstances or severity.
  - Where applicable, the individual (s) may be referred to a local health service provider.
  - The club will appoint a senior person to act as a mentor to a suspended individual (s) for a nominated period and to assist them to reintegrate with the club, if applicable.
  - If the individual (s) concerned is/are under 18, their parent or guardian would be informed immediately of the incident and of the consequences, unless informing the parent or guardian would put the individual at risk of greater harm.
  - In the case of a visitor, the North Hobart Demons will inform the visiting club.
- b) If a member is found **in possession of an illegal drug**, the following will occur:
  - The individual (s) will be asked to hand-over the substance and the club will follow the procedures for handling illegal drugs in its jurisdiction.
  - The North Hobart Demons will contact the local police to seek their advice.
  - Consequences for the individual (s) will depend on the circumstances or severity.
  - Where applicable, the individual (s) may be referred to a local health service provider.
  - The club will appoint a senior person to act as a mentor to a suspended individual(s) for a nominated period and to assist them to reintegrate with the club, if applicable.
  - If the individual(s) concerned is/are under 18, their parent or guardian would be informed immediately of the incident and of the consequences, unless informing the parent or guardian would put the individual at risk of greater harm.
  - In the case of a visitor, the North Hobart Demons will inform the visiting club.
- c) If a member is found **using drugs, or is affected by the use of illegal drugs** under the club's jurisdiction:
  - The North Hobart Demons would ensure the safety and wellbeing of the individual is the first priority.
  - Seek out medical assistance, if required.
  - If required, contact next of kin.
  - If the individual (s) concerned is/are under 18, their parent or guardian would be informed immediately of the incident and of the consequences, unless informing the parent or guardian would put the individual at risk of greater harm.
  - Ensure individual is safely transported to their home.



- When the individual's health has returned to a normal state, the club president/board members may investigate and take appropriate action.
- Where applicable, the individual (s) may be referred to a local health service provider.
- In the case of a visitor, the North Hobart Demons will inform the visiting club.

#### 12. POLICY PROMOTION

Our club will:

- Educate members, volunteers and guests about our Policy and the benefits of having such a Policy.
- Ensure this Policy is easily accessible and will promote it via our website, newsletters, social media, announcements during events and functions.
- Actively demonstrate its attitude relating to smoke-free environments and the responsible use
  of alcohol and promote positive messages through its social media platforms.
- Pursue non-alcohol sponsorship and revenue sources.
- Actively participate in the Alcohol and Drug Foundation's *Good Sports* program with an ongoing priority to **maintain** Level 3 accreditation.

#### 13. NON-COMPLIANCE

Club committee members will enforce this Policy and any non-compliance, particularly regarding Licensing Laws, will be handled according to the following process:

- Explanation of the Policy to the person/people concerned, including identification of the section of Policy not being complied with.
- Continued non-compliance with the Policy should be handled by at least two board members who will use their discretion as to the action taken, which may include asking the person/ people to leave the facilities or function.

Our club will respond to all breaches of this policy. Any disciplinary measures imposed under our policy must:

- Be fair and reasonable and will focus on the safety and welfare of those directly and indirectly involved.
- Be based on the evidence and information gathered and the impact on the club, other members, players, patrons, visitors and the community.
- Consider the age and personal circumstances of the people involved.
- Consider whether the incident involved personal use of an illegal drug and/or the supply of an illegal drug to other people.

#### 14. POLICY MANAGEMENT

The board is responsible for oversight of the policy and delegates management responsibility to the general manager and other paid and unpaid staff as required.

The presence of a **bar manager**, **person who has current RSA qualifications and/or committee member**, whenever our **bar is open/canteen/kiosk is selling alcohol**, is essential to ensure compliance with this Policy and liquor licensing laws.



#### 15. PRIVACY

Where possible, the investigation of illegal drug-related concerns or incidents will remain confidential in line with our club's privacy policy.

The Privacy Policy of the North Hobart Demons is as follows:

- The North Hobart Demons will always act with discretion.
- Subject to its right to contact the Police if necessary, the North Hobart Demons will maintain the privacy of those involved as far as possible.
- Club members will be informed about the incident on a need-to-know basis only.

## **16. POLICY REVIEW**

This Policy will be reviewed annually to ensure it remains relevant to club operations and reflects both community expectations and legal requirements.

SIGNATURES:				
Signed:		Signed:		
	Club President		Club Secretary	
Date:		Date:		
Next Policy review date is				
ENQUIRIES REGARDING OUR POLICY:				
CONTACT:				
PHONE:				
EMAIL:				

\*Unless exempt from having a licence under state specific laws

Visit: <a href="www.goodsports.com.au">www.goodsports.com.au</a> for information regarding the Good Sports program.





# **Mental Health Support Numbers**



EMERGENCY 000 or 112 (mobile)				
Mental Health Services	1			
Mental Health Services Helpline	1800 332 388			
SANE Helpline	1800 187 388			
Beyond Blue – Depression & Anxiety	1300 224 636			
Wellways	1300 111 400			
headspace	1800 650 890			
Relationships Australia (Tasmania)	1300 365 277			
Crisis Numbers – Suicide				
Lifeline	13 11 14			
Lifelink Samaritans	1300 364 566			
Suicide Callback Service	1300 659 467			
ATAPS Suicide Support Line	1800 859 585			
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Standby Response Service – Post Suicide				
North & North West	0439 556 660			
South	0400 183 490			
Child Abuse Prevention Services	1800 688 009			
Child & Family Services	1800 001 219			
Family Violence Counselling & Support	1800 608 123			
Relationships Australia	1800 002 222			
Rural Alive & Well (RAW)	1300 4357 6283			
Mens Line	1300 789 978			
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Alcohol & Drugs Services				
Alcohol & Drug Services	1300 139 641			
Alcohol & Drug Foundation Info Line	1300 858 584			
Cannabis Information & Helpline	1800 304 050			
Alcohol & Drug Information Service	1800 250 015			
Salvation Army Bridge Centre (AoD Services)	03 6278 8140			
ADATS (Drug & Alcohol Treatment Services)	1800 243 232			
Family Drug Support	1300 368 186			
Narcotics Anonymous	1300 652 820			
Alcoholics Anonymous	Hobart (03) 6234 8711			
	Launceston (03) 6334 7060			